

# MID SUSSEX HOCKEY CLUB

## CODE OF CONDUCT



MID SUSSEX HOCKEY CLUB (MSHC) is fully committed to safeguarding and promoting the wellbeing of all its members.

*This Code of Conduct applies to:*

- *players (adult and U18s)*
- *captains*
- *coaches*
- *managers*
- *administrators*
- *parents of U18s*

*NB: All of the above are referred to as 'Members' below.*

The club believes that it is important that members associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, everyone is encouraged to be open and to share any concerns or complaints that they may have about any aspect of the club with captains, coaches, managers, or any member of the committee.

The contact details for the club Welfare Officer and other Club Contacts can be found on [www.midsussexhockey.co.uk](http://www.midsussexhockey.co.uk)

### **Members are also required to abide by and be an ambassador for the following club rules:**

- All members should treat others with respect, support, honesty and fairness and should expect respect, support, honesty and fairness to be shown to themselves.
- All members should understand that the highest levels of behaviour are expected and play their part in making the hockey environment an enjoyable experience for everyone.
- All members must understand that any form of bullying will not be tolerated (see definition of bullying on page 2).
- All members must play within the spirit and rules of the game and respect officials and their decisions. Do not show dissent and be a 'good loser' as well as a 'good winner'.
- All members must respect opponents and remember they are ambassadors for our club when they play and train.
- Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- Agree in advance the arrangements for being collected after training or a game. If your parent/ driver is late then you must let your coach or manager know.
- Members must wear suitable kit for training and match sessions, as agreed with the coach/team manager.
- Members must pay any fees for training, matches or events promptly.
- Club members must abide by UK law (including relating to smoking, consumption of alcohol and intoxicating substances).
- Members are expected to read and abide by MSHC policies and guidelines and those of England Hockey (*club policies can be viewed on the club website [midsussexhockey.co.uk](http://midsussexhockey.co.uk), the England Hockey website is [englandhockey.co.uk](http://englandhockey.co.uk)*)

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Coaches, Captains and Team Managers of MID SUSSEX HOCKEY CLUB are expected to follow the code of behaviour laid out in: Respect: England Hockey Code of Behaviour for Coaches, Manager, Teachers, Leaders and Adult Helpers.

**If you are Under 18**, please read this Code of Conduct through with your parent or guardian and both sign it to say you understand it and will follow it whilst at Mid Sussex HC (*forms can be returned to the Club Welfare Officer via your Team Captain or coach*).

Signature (U18 Member):

Date:

Signature (Parent or Guardian):

Date:

If you ever feel threatened or worried by a situation or other people, tell your parent, coach or team manager. You can also contact Amanda Brown, the club's Welfare Officer in confidence: [amandabrown99@sky.com](mailto:amandabrown99@sky.com).

### Definition of Bullying (adapted from England Hockey Anti-Bullying Guidance)

Bullying is anything that is done with the intention of hurting or intimidating, frightening or upsetting another person. Bullying is not always physical but it results in distress to the victim.

#### Bullying can be:

- Emotional: Persistently being unfriendly, excluding, tormenting, threatening gestures
- Physical: Pushing, kicking, hitting, punching or any use of violence
- Racist: Racial taunts or language, graffiti, gestures
- Sexual: Unwanted physical contact or sexually abusive comments
- Homophobic: Because of, or focusing on the issue of sexuality
- Verbal: Name-calling, sarcasm, spreading rumours, teasing
- Cyber: All areas of the internet (including social networking sites), email and text messaging, misuse of technology i.e. manipulation of digital images