

# **MID SUSSEX HOCKEY CLUB**

## **U18 JUNIOR CLUB CODE OF CONDUCT**



MID SUSSEX HOCKEY CLUB is fully committed to safeguarding and promoting the wellbeing of all its members.

The club believes that it is important that members, coaches, managers, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with your coach, manager, captain or any member of the committee.

As a member of MID SUSSEX HOCKEY CLUB you are expected to abide by the following junior club rules:

- All members should treat others with respect, support, honesty and fairness and should expect respect, support, honesty and fairness to be shown to themselves.
- All members should understand that the highest levels of behaviour are expected and play their part in making the hockey environment an enjoyable experience for everyone.
- All members must understand that any form of bullying will not be tolerated (see definition of bullying on page 2).
- All members must play within the spirit and rules of the game and respect officials and their decisions. Do not show dissent and be a 'good loser' as well as a 'good winner'.
- All members must respect opponents and remember they are ambassadors for our club when they play and train.
- Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- Agree in advance the arrangements for being collected after training or a game. If your parent/ driver is late then you must let your coach or manager know.
- Members must wear suitable kit for training and match sessions, as agreed with the coach/team manager.
- Members must pay any fees for training or events promptly.
- Junior members are not allowed to smoke on club premises or whilst representing the club at competitions.
- Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.

*Please read this Code of Conduct through with your parent or guardian and both sign it to say you understand it and will follow it whilst at Mid Sussex HC.*

*Signature (U18 Member):*

*Date:*

*Signature (Parent or Guardian):*

*Date:*

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If you ever feel threatened or worried by a situation or other people, tell your parent, coach or team manager. You can also contact Amanda Brown, the club's Welfare Officer in confidence: [amandabrown99@sky.com](mailto:amandabrown99@sky.com), 0791 741 3618.

### **Definition of Bullying (adapted from England Hockey Anti-Bullying Guidance)**

Bullying is anything that is done with the intention of hurting or intimidating, frightening or upsetting another person. Bullying is not always physical but it results in distress to the victim.

#### **Bullying can be:**

Emotional: Persistently being unfriendly, excluding, tormenting, threatening gestures

Physical: Pushing, kicking, hitting, punching or any use of violence

Racist: Racial taunts or language, graffiti, gestures

Sexual: Unwanted physical contact or sexually abusive comments

Homophobic: Because of, or focusing on the issue of sexuality

Verbal: Name-calling, sarcasm, spreading rumours, teasing

Cyber: All areas of the internet (including social networking sites), email and text messaging, misuse of technology i.e. manipulation of digital images